



## MARCH/APRIL 2019 OAKLEY HEALTH SUPPORTS PUBLIC HEALTH ENGLAND CERVICAL SCREENING CAMPAIGN



- **DID YOU KNOW?**
- On 5th March Public Health England launched an 8 week awareness campaign targeted at eligible women aged 25-64 years old.
- **Nationally—attendance is at a 20 year low**
- If everyone attended regularly, 83% of cancer cases could be prevented
- **Younger women aged 25-35 are the least likely to attend**
- It is a **vital preventative** test—giving the opportunity to stop cancer before it starts
- **Age 25-49—test every 3 years**
- **Age 50-64—test every 5 years**
- Oakley Health has good figures: 80.6% for 50-64 years and 79% for 25-49years (Target 80%) but we want to aim higher



**Pictured: Practice Nurse Mary Jeffries ↑**

Mary & her colleague Karen Naish, will be **trailing two CERVICAL SCREENING DROP IN SESSIONS** Wednesday 10th & Wednesday 24th April 6-8pm at Yateley Medical Centre.

**No need to book but a limited number of patients can be seen. You MUST have already received a cervical screening invitation letter**

A survey Jo's Cervical Cancer Trust found that a third of younger women said that embarrassment caused them to put off their appointments. Reasons were "body shape", or "not having shaved or waxed".

**Mary says:** "Over my years as a practice nurse it is not unusual for some people to feel anxious or embarrassed."

**"Please be reassured** that we do hundreds of these every year and no-one need fear being embarrassed. I am happy for people to bring a friend with them if they'd like. **There is plenty of time to talk during the appointment as the actual test itself only takes a few minutes."**

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# PUBLIC HEALTH ENGLAND CERVICAL SCREENING AWARENESS CAMPAIGN

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**ASK YOUR DAUGHTER, SISTER, MUM, WIFE, FRIEND IF THEY'VE HAD AN INVITE AND HAVE NOT ATTENDED.....**

**IT COULD BE THE MOST IMPORTANT THING YOU DO TODAY!**

**CERVICAL CANCER CAN BE PREVENTED..... LET'S ALL DO SOMETHING ABOUT IT**